

THE COUNSELING SOURCE, INC.

POLICY AND PROCEDURE

TITLE: Children and Adolescents

PURPOSE: To establish added guidelines to ensure a consistent array of behavioral health services designed specifically to address the treatment needs of children and adolescents.

POLICY: The Counseling Source will provide behavioral health services which are tailored to the particular needs and preferences of children and adolescents and are provided in a setting that is both relevant to and comfortable for this population.

PROCEDURE:

1. Assessments of each child or adolescent served include information on his or her:
 - a. Developmental history, such as developmental age factors, motor development, and functioning.
 - b. Medical or physical health history
 - c. Culture/ethnicity
 - d. Treatment history
 - e. School history
 - f. Language functioning, including: speech and hearing functioning
 - g. Visual functioning
 - h. Immunization record (or specification that the school is in possession of the required documentation by law)
 - i. Learning ability
 - j. Intellectual functioning
 - k. Family relationships
 - l. Interactions with peers
 - m. Environmental surroundings
 - n. Prenatal exposure to alcohol, tobacco, or other drugs
 - o. History of use of alcohol, tobacco, or other drugs
 - p. Parental/guardian custodial status
 - q. When applicable, parents'/guardians' ability/willingness to participate in services.
2. Assessments are appropriate with respect to the child's or adolescent's:
 - a. Age
 - b. Development
 - c. Culture
 - d. Education
3. The clinician of a child or adolescent being seen in a school setting will take appropriate steps to ensure continuity of his or her education. This can include, but not limited to, coordination with teacher of assignments, rotating session times, etc.
4. For Mental Health Education services, the education provided shall:
 - a. Be appropriate to the person served
 - b. Meet any applicable federal or state requirements
 - c. Include provisions for:
 1. Evaluation
 2. Group instruction
 3. Individual instruction
5. Based upon the assessed needs of the child or adolescent served, the program will include the development of:
 - a. Community living skills
 - b. Social skills
 - c. Social supports
 - d. Vocational skills

6. The environment where children and adolescents are seen is appropriate to meet the needs of this population, including:
 - a. The physical plant
 - b. The furniture
 - c. The equipment

REFERENCED STANDARDS AND REGULATIONS:

Ohio Department of Mental Health Administrative Code 5122
CARF Behavioral Health Standards Manual

EFFECTIVE DATE: 5/20/2005

REVIEWED: February 2018