

THE COUNSELING SOURCE, INC.

POLICY AND PROCEDURE

TITLE: Outpatient Treatment

PURPOSE: To provide a variety of service modalities in a location that meets the needs and assists the person served in achieving his or her functional goals.

POLICY: The Counseling Source, Inc. will provide an array of services on an outpatient bases delivered by qualified clinicians as defined by the Ohio Department of Mental Health and the program standards as outlined below.

PROCEDURE:

1. Outpatient treatment programs consist of:
 - Individual Counseling/Therapy
 - Family Counseling/Therapy
 - Group Counseling/Therapy
 - Psychoeducation
2. Outpatient treatment programs are provided in locations that meet the needs of persons served, including:
 - Clinic Office
 - Schools
 - Nursing Homes
 - Community Resource Sites
3. When applicable, and with the consent of the person served, the treating clinician will coordinate treatment with other services, including but not limited to the following:
 - A. Medical Doctors for medication management
 - B. Social Services, Nursing, Physicians and Physical, Occupational and Speech therapists in nursing facilities
 - C. Teachers, school psychologists, and counselors in school settings
 - D. Vocational counselors in community settings
4. The program uses treatment interventions that are in compliance with the OhioMHAS regulations. See policies on “Screening and Access to Services – Assessment” policy and “Outpatient Treatment – Behavioral Health Counseling” policy.
5. Records of the persons served document on an ongoing basis the specific treatment interventions that are provided. (See policy and procedure for “Screening and Access to Services - Progress Notes” for further details.)

REFERENCED STANDARDS AND REGULATIONS:

Ohio Department of Mental Health Administrative Code 5122
CARF Behavioral Health Standards Manual

EFFECTIVE DATE: 5/20/2005

REVIEWED: February 2018