## THE COUNSELING SOURCE, INC. POLICY AND PROCEDURE

TITLE: Seclusion and Restraint - Mechanical and Physical

<u>PURPOSE:</u> To outline the use of mechanical restraint and seclusion with clients at The Counseling Source, Inc.

<u>POLICY:</u> The staff of The Counseling Source, Inc. shall not use any mechanical restraint, seclusion, physical restraint or major aversive behavioral interventions with clients.

<u>PROCEDURE</u>: Staff of The Counseling Source, Inc., shall find alternative methods other than use of mechanical restraint, seclusion, physical restraint or major aversive behavioral interventions to intervene with clients.

<u>REFERENCED STANDARDS AND REGULATIONS:</u> Ohio Department of Mental Health Administration Code 5122 CARF Behavioral Health Standards Manual

EFFECTIVE DATE: 4/26/2005

**REVIEWED:** February 2018