

THE COUNSELING SOURCE, INC. POLICY AND PROCEDURE

TITLE: Behavioral Health Counseling and Therapy Service

PURPOSE: To establish appropriate guidelines for the provision of Behavioral Health Counseling and Therapy Service

POLICY: The Counseling Source, Inc., will provide Behavioral Health Counseling and Therapy Service consistent with the procedure outline and in accordance with standards put forth by CARF and regulations by OhioMHAS.

PROCEDURE:

1. The definition of Behavioral Health Counseling and Therapy Service according to OhioMHAS is: “interaction with a person served in which the focus is on treatment of the person’s mental illness or emotional disturbance. When the person served is a child or adolescent, the interaction may also be with family members and/or parent, guardian and significant others (with consent of parent/guardian) when the intended outcomes is improved functioning of the child or adolescent and when such interventions are part of the ISP.”
2. “Behavioral Health Counseling and Therapy Service shall consist of a series of time-limited, structured sessions that work toward the attainment of mutually defined goals as identified in the individualize service plan.” This can include:
 - a. Individual Counseling/Therapy
 - b. Family Counseling/Therapy
 - c. Group Counseling/Therapy
 - d. Psychoeducation
3. At The Counseling Source, Behavioral Health Counseling and Therapy Service shall be provided by one of the following disciplines:
 - a. Licesned Social Worker
 - b. Licensed Independent Social Worker
 - c. Counselor Trainee
 - d. Licensed Professional Counselor
 - e. Licensed Professional Clinical Counselor
 - f. Psychology intern/fellow
 - g. Psychology assistant/assistant
 - h. Licensed Psychologist
4. Behavioral Health Counseling and Therapy Service will be supervised by one of the following disciplines:
 - a. Licensed Independent Social Worker with Supervision credential
 - b. Licensed Professional Clinical Counselor with Supervision credential
 - c. Licensed Psychologist
5. Behavioral Health Counseling and Therapy Service may be provided in the agency or in the natural environment of the person served, and regardless of the location shall be provided in such a way as to ensure privacy.

6. Behavioral Health Counseling and Therapy Service for children and adolescents, the agency shall ensure timely collateral contacts with family members, parents or guardian and/or with other agencies or providers (with consent of parent/guardian) providing services to the child.
7. For all clients, when appropriate, and with the consent of the person served, the program coordinates treatment with other services.
8. Records of the persons served document on an ongoing basis the specific treatment interventions that are provided. (See policy and procedure for “Screening and Access to Services - Progress Notes” for further details.)

REFERENCED STANDARDS AND REGULATIONS:

Ohio Department of Mental Health and Addictions Services (OhioMHAS) Administrative Code
CARF Behavioral Health Standards Manual

REVIEWED: February 2018

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