

**GRIEF AND GRIEVING - TCS CEU Presentation by Chris Killian LPCC-S**  
**Post Test 11/1/18**

1. Bereavement is often culturally based. T or F  
typically culturally based
2. Which of the following is not an accepted model for grieving?
  - a. Bowlby's Stages of Mourning
  - b. Elizabeth Kubler-Ross 5 Stages of Grieving
  - c. Bereavement Stages for Adults and Children
  - d. Worden's Task Model of Grief
3. Children and Adults are shown to grieve mostly in similar ways. T or F  
Children typically grieve differently
4. Which of the following are characteristics of grief and grieving?
  - a. Insomnia
  - b. Overeating
  - c. Social Withdraw
  - d. Uncharacteristic Irritability
  - e. All of the Above
5. Choose the one that does not apply. Children.....
  - a. may feel responsible for the death of their loved one because of something they thought or did
  - b. may not understand their reactions to loss due to poor social skills
  - c. are usually very adept at expressing their feelings about a loss
  - d. may take a caretaker role for adults who are also grieving
6. Everyone grieves in the same way and in the same amount of time. T or F  
everyone follows a different course and timeline while grieving
7. Gender has a well defined influence on how each gender handles grief. T or F  
there are different approaches to grieving which in general follow certain patterns in alignment with gender but they are typically mixed
8. Grief reactions can occur due to:
  - a. loss of a loved one
  - b. loss of a beloved pet
  - c. moving from a lifelong home into a long term care facility
  - d. retirement
  - e. All of the above
9. Grief is often more difficult to process due to (choose all that apply):
  - a. Emotional enmeshment with the deceased
  - b. Unresolved issue in the relationship
  - c. A violent death
  - d. Suicide
  - e. None of the above