

"More Playful and Creative Interventions for Elementary and Middle School aged Children"

Post-Test

1. Name three healthy traits of daily living.
2. Recite and write the clown quote.
3. The "Best Part of Me" is what 2 components?
4. Name three unhealthy traits of daily living.
5. The "Flowers and Weeds" story is an excellent example of ?
6. Name 3 major changes discussed in "Changes " book.
7. The ground hog character in "Flowers and Weeds" is actually a symbol for?
8. Name 2 characteristics about Palm Trees.
9. A habit can be broken, according to research, in how many days?
10. T/F Often times, therapists are an extension of family, in a child's eyes.
11. T/F Clients can usually identify one positive and one negative trait for each family member.

12. T/F Most Clients like to help others, even if, in a small capacity.

13. T/F Helping others is a research based way to improve self esteem.

14. T/F Reading to children is a research based form of building rapport.

15. T/F Self esteem and family of origin issues are essential to explore in therapy.